



MACHA PUCHARE or Fish Tail Mountain, Pokhara Nepal

**SHAMANIC EXPEDITION AND TRAINING IN NEPAL
LAND OF THE GODS**

MARCH 16 – APRIL 4, 2010

19 DAYS OF CULTURAL AND SHAMANIC IMMERSION

LED BY LARRY PETERS, PH.D. & MARTI SPIEGELMAN, MFA.

Shamanism is humankind's first spiritual discipline and is still practiced in the Nepal Himalayas. Its purpose is the healing of self, others, and the world.

Our group will receive training and initiation from Aama Bombo (Mother Shaman) in the shamanic healing arts. Aama is a Master Shaman in the Tamang (Tibetan ethnic group) tradition. Aama is our guide, teacher, and will initiate us into the fundamentals of doing shamanic work.

Four years ago, Aama Bombo was inducted into the Council of 13 Indigenous Grandmothers and works with other shaman grandmothers from every continent. Aama has also conducted workshops throughout the United States



AAMA BOMBO

March is an especially scenic time, with brisk evenings and pleasant warm days. Clear skies reveal the Himalayan ranges in all their sacred splendor. To Himalayan people, the mountains are deities.



NYIMA DON DUP, Tibetan Shaman

We will travel to rural Pokhara where we will learn about the Tibetan shamanic system of healing and trance, and have quality time with the shamans to share experiences and learn their life stories.



GAJENDRA BOMBO, Tamang Shaman

Healings and consultations are available with any of the numerous shamans from whom we will be learning and who will be journeying with us to the numerous sacred shrines in the Kathmandu and Pokhara valleys.

For more information, see www.tibetanshaman.com, email lpshaman@aol.com or telephone Dr. Peters at 310-455-2713.

On the day of the full moon, we will pilgrimage to Nagarkot, a place famous for its mountain views and holy shrine. We will go in full costume with drums and perform a shaman's dance, taught by Ram, a Tamang shaman who works with Aama Bombo.



Larry Peters is an anthropologist, psychotherapist, and poet. He has published three books on Nepalese and Tibetan shamanism and is a shamanic practitioner. Dr. Peters has led shamanic study and initiation groups to Nepal with Aama Bombo since 1995.

Marti Spiegelman, MFA is an initiated shaman, diviner, and mentor. She is founder of Shaman's Light™, a shamanic initiation and training program for professionals who want to make a difference in the world.